

On weekdays:

PSALM 24

A Song of David. The earth and its grandeur belong to Adonai; the world and its inhabitants. God founded it upon the seas, and set it firm upon flowing waters. Who may ascend the mountain of Adonai? Who may rise in God's sanctuary? One who has clean hands and a pure heart, who has not used God's name in false oaths, nor sworn deceitfully, shall receive a blessing from Adonai, a just reward from the God of deliverance. Such are the people who seek God, who long for the presence of Jacob's Deity. Lift high your lintels, O you gates; open wide, you ancient doors! Welcome the glorious Sovereign. Who is the glorious Sovereign? Adonai, triumphant and mighty; Adonai, triumphant in battle. Lift high your lintels, O you gates; open wide, you ancient doors! Welcome the glorious Sovereign. Who is the glorious Sovereign? *Adonai Tz'va-ot* is the glorious Sovereign.

The Sefer Torah is placed in the Ark.

Whenever the Ark was set down, Moses would say: Adonai, may You dwell among the myriad families of the people Israel.

*Return, Adonai, to Your sanctuary,
You and Your glorious Ark.*

Let Your *Kohanim* be clothed in triumph,
let Your faithful sing for joy.

*For the sake of David, Your servant,
do not reject Your anointed.*

Precious teaching do I give you:
Never forsake My Torah.

*It is a tree of life for those who grasp it,
and all who uphold it are blessed.*

Its ways are pleasant, and all its paths are peace.

*Help us turn to You, Adonai, and we shall return.
Renew our lives as in days of old.*

Etz hayim hi la-mahazikim bah, v'tom'kheha m'ushar.
D'rakheha darkhei no-am, v'khol n'tivoteha shalom.
Hashiveinu Adonai e-lekha v'nashuva,
hadesh yameinu k'kedem.

On weekdays:

ההלים כ"ד

לְדוֹד מִזְמוֹר.

לִיהוָה הָאָרֶץ וּמְלוֹאָהּ, תִּבֶל וְיֹשְׁבֵי בָהּ.
כִּי הוּא עַל יַמִּים יִסְדָּהּ, וְעַל נְהָרוֹת יִכּוֹנְנֶהָ.
מִי יַעֲלֶה בְּהַר יְהוָה, וּמִי יִקֹּם בְּמִקְוֹם קָדְשׁוֹ.
נְקֵי כַפַּיִם וּבֵר לִבְבִי,
אֲשֶׁר לֹא נִשְׂא לִשְׂוֹא נַפְשִׁי, וְלֹא נִשְׁבַּע לְמַרְמָה.
יִשָּׂא בְרָכָה מֵאֵת יְהוָה, וּצְדָקָה מֵאֱלֹהֵי יִשְׁעוֹ.
זֶה דוֹר דּוֹרְשָׁיו, מִבְּקִשֵׁי פִנְיֶךָ יַעֲקֹב, סֵלָה.
שָׂאוּ שְׁעָרִים רְאשֵׁיכֶם,
וְדַגְּשׂוּ פִתְחֵי עוֹלָם, וַיָּבֹא מֶלֶךְ הַכְּבוֹד.
מִי זֶה מֶלֶךְ הַכְּבוֹד, יְהוָה עֹז וְגִבּוֹר, יְהוָה גִּבּוֹר מִלְחָמָה.
שָׂאוּ שְׁעָרִים רְאשֵׁיכֶם,
וּשְׂאוּ פִתְחֵי עוֹלָם, וַיָּבֹא מֶלֶךְ הַכְּבוֹד.
מִי הוּא זֶה מֶלֶךְ הַכְּבוֹד,
יְהוָה צְבָאוֹת הוּא מֶלֶךְ הַכְּבוֹד, סֵלָה.

The Sefer Torah is placed in the Ark.

וּבִנְחֹה יֹאמֵר: שׁוּבָה יְהוָה רַבּוֹת אֲלֵפֵי יִשְׂרָאֵל.
קוֹמָה יְהוָה לְמִנוּחֶתָּה, אֲתָה וְאַרְוֹן עֲנֶךָ.
כְּהִנֵּיָה יִלְבְּשׁוּ צִדְקָה, וְחִסְדֵיךָ יִרְנְנוּ.
בַּעֲבוּר דָּוִד עַבְדְּךָ, אֵל תֵּשֵׁב פָּנֵי מְשִׁיחֶךָ.
□ כִּי לָקַח טוֹב נָתַתִּי לָכֶם, תּוֹרָתִי אֵל תַּעֲזֹבוּ.
עַץ חַיִּים הִיא לְמַחְזִיקִים בָּהּ, וְתוֹמְכֵיהָ מֵאֲשֶׁר.
דְּרָכֶיהָ דְרָכֵי-נְעִים, וְכָל-נְתִיבוֹתֶיהָ שְׁלוֹם.
הַשִּׁיבֵנו יְהוָה אֵלֶיךָ וְנִשׁוּבָה, חֲדָשׁ יָמֵינוּ בְּקִדְּם.